

THE MOUNTAIN-BIKER'S CODE

BE A LIKEABLE BIKER!

MOUNTAIN BIKERS...

... are tolerant and considerate.

- Respect the rights of way of other trail users.
- Announce your presence in plenty of time – and there's always time for a quick hello.
- Reduce your speed when overtaking, or crossing someone's path. If necessary, stop.
- Avoid busy sections.

... protect what they love.

- Only ride on marked paths and trails.
- Unmarked paths and game passes are prohibited.
- Respect trail closures and protected areas.

... are considerate of wild animals and farm animals.

- If you encounter an animal, stop and wait until it has gone on its way.
- Close all gates after passing through them.
- Pass herds of animals and guard dogs on foot, calmly, and at a respectful distance.
- Do not ride on trails at night.

... leave no traces.

- Avoid hard braking and skidding – that damages both the trail and your tyres.
- Do not cut any corners, consider the route a sporting challenge.
- After rainfall, avoid unpaved surfaces.
- Take your litter home.

... stay in control.

- Always maintain an adequate stopping sight distance.
- Adapt your speed to the circumstances.
- Plan your tour; realistically assess your own abilities and the weather.

... are well equipped and well informed.

- Always wear a helmet.
- Always take along a repair kit and first-aid kit.
- Warm, waterproof clothes are required on bike tours.
- Make sure your bike is roadworthy.
- In emergencies, ask for help. Emergency number: 112, Rega air rescue: 1414

Follow these rules and be a good ambassador for our sport.

Be considerate of others – Share the Trail!



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